



We hope you are having a great summer break so far!

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Keep well & stay safe!  
Solihull parenting team  
[bsmhft.parenting@nhs.net](mailto:bsmhft.parenting@nhs.net)



**LOCAL SERVICES**  
Join the conversation

NHS Birmingham and Solihull Clinical Commissioning Group are reaching out to residents to find out who has been most affected by the Covid-19 pandemic.

The information collected will assist in a review of local services, as well as ensuring their communications are informative and relevant.

Take the survey via:  
<https://www.surveymonkey.co.uk/r/bham-solihull-COVID19>



**SOLIHULL PARENTING  
FACEBOOK PAGE**

We are delighted to announce that Solihull Parenting is now live on Facebook.

Check out our page, which will be updated regularly with the latest group news, as well as weekly themed posts that we hope will be helpful.

You can also send the team an email directly from the page, should you have any questions or need any additional information.

**ONLINE PARENTING COURSES**

The Solihull parenting courses remain **FREE** for all Solihull parents and carers:

- Journey to Parenthood
- Understanding Your Baby
- Understanding Your Child
- Understanding Your Teenager's Brain

Log onto [www.inourplace.co.uk](http://www.inourplace.co.uk) and use the code 'APPLEJACKS'

**FUTURE GROUPS**

The next round of face-to-face parenting groups will be taking place during the autumn, starting at the end of September.

The timetable is being finalised and will be posted to Facebook once confirmed, with full details of any additional precautions imposed in light of the continuing Covid-19 situation.



For more information about the parenting support available, please contact the Parenting Team via our Facebook page, or by email to [bsmhft.parenting@nhs.net](mailto:bsmhft.parenting@nhs.net)

Weekly parenting themed tweets can be viewed on our Facebook page, or via the school nurse twitter feed: @SolSchNurses